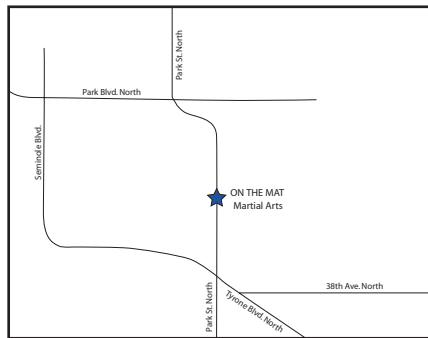


**Here's how it works:**

1. Come in and try our introductory lesson
2. We'll evaluate your child and determine which program he or she qualifies for.
3. Once your child qualifies, he or she will train 1x per (3 & 4-year olds) or 2x per week (5 & 6-year olds).
4. Your child will be evaluated on the daily basis and advance to higher training levels as he or she qualifies.
5. We recommend that you commit your child to at least 6 months of training to set a strong foundation for growth.
6. You child can graduate from the Future Kidz Program in as little as 18 months.
7. Graduates can advance into next Age-specific program.



**Eagles Park Shopping Center (Parking in rear)  
5543 Park Street North  
St. Petersburg, Florida 33709**

**727-548-KICK  
WWW.ONTHEMATMA.COM**

**Dynamic Martial Arts Training for the 21st Century! Get on the Mat!**



**C**hildren between the ages of 3 to 6 are in a stage of their life in which they will build certain behaviors and characteristics based on their environment. The problem is, if they are insufficiently exposed to positive qualities and skill-building activities during this time, they tend to need more training, reinforcement, and discipline later in their adolescence. The solution is to get your child into positive activities when they are young, so that you can help set the foundation for their growth and development throughout their entire childhood.

### **Martial Arts is More Than Just Kicking and Punching**

Some people don't have a full understanding of what martial arts is all about. If you ask an untrained person what their definition of martial arts is, the response is typically something with a focus on kicks and punches. In the Future Kidz classes, the emphasis is on a deeper layer of martial arts training, which includes the overall development of the four important life skills categories: physical, intellectual, emotional, and social.

### **The Future Kidz Programs Set Your Child Up for Success!**

Our specialized Future Kidz programs include age-appropriate material that was designed to target the stages of development in children from ages 3 to 6. Each program was professionally developed to teach children important life skills in a fun and entertaining way. We like to call it "Edu-tainment", educating while entertaining. Using martial arts skills to teach life lessons has never been so much fun!

### **Come Find Out for Yourself How Tens of Thousands of Children Have Surpassed the Skills and Abilities Beyond Standard Expectations!**

We think you'll agree that the Future Kidz Programs are a must for children in today's society. Come find out for yourself by taking our introductory program. We are so confident in our programs that we offer an exclusive 90-day guarantee!

**Call or Visit Us Today!**



### **The Key is in the Age-specific Structure**

The age-specific concept stems from years of research and development based on the stages of development. Research conducted that children go through unique "stages" in their growth and development in 4 major categories: physical, intellectual, emotional, and social. Age-specific training can help maximize the effectiveness of martial arts by enabling students to learn in a manner that is most appropriate for their age.

## **Introducing the Most Comprehensive, Age-specific Martial Arts Training Programs Designed Specifically for Children Ages 3 to 6!**

### **The Future Kidz Prep Course**

#### **Ages 3 to 6**

In this preliminary martial arts program, each child will experience training that targets the skills that are currently in their development; skills including large and gross motor skills, behavior development, and character development are the primary focus. Age-appropriate exercises, life lessons, martial arts drills, and games were developed to build these skills. You won't find a more age-specific program that maximizes results like the Future Kidz Prep Course, we guarantee it!



### **The Future Kidz**

#### **Ages 5 & 6**

Between pre-school and early elementary education, children are building 8 basic fundamental skills including focus, teamwork, control, memory, balance, discipline, fitness, and coordination. Studies have shown that these 8 skills are developed the most within this age group, which increases the child's growth and development dramatically. The Future Kidz Program targets these skills with a comprehensive training system that was specially designed to generate maximum results. Any child who completes this program will have an edge in their early childhood, which will make the transition into adolescence much easier.

